

Biological Psychiatry Center, P.C.

MISSION STATEMENT AND TREATMENT PHILOSOPHY

The clinical program at the Biological psychiatry Center (BPC) has the primary objective of providing comprehensive psychiatric services in an active treatment program specifically designed for and centered on the individual needs of patients. A complete diagnostic and clinical assessment of these needs will be made and appropriate individual treatment programs fitting these needs will be developed. Since family involvement is so frequently a factor in the etiology of the patient's problem, the family's participation in the treatment program, through regular family therapy sessions will be a crucial requirement. Where community resources involvement is indicated, I twill, likewise, be worked into the treatment program. All aspects of treatment will be reviewed and revised by the professional staff treating the patient.

The services offered at BPC will include a full range of both traditional and innovative therapeutic modalities including individual and group psychotherapy, family therapy, pharmacotherapy, cognitive therapy, and short-term problem-focused therapy.

Treating emotionally disturbed patients is a challenging endeavor. The clinical staff of BPC recognizes that each staff member needs to continually work on skill development and sensitivity to patient problems. Staff orientation and continuing in-service training programs in the theoretical and practical aspects of personality dynamics, psychotherapy, family dynamics, group work, and theory will be either offered directly at the office or encouraged by participation in continuing education programs offered in the professional community.

The effectiveness of treatment and length of stay in treatment will regularly be monitored by the administrative staff. BPC will comply with applicable state and local standards of care and will seek licenses, certification, and accreditation as is appropriate for the services offered.

The range of mental health services that BPC will offer to the residents of the Detroit metropolitan area in need of psychiatric care will include the following:

- Diagnostic evaluation
- Emergency care and crisis intervention services
- Outpatient treatment
- Inpatient treatment
- Partial hospitalization
- Rehabilitation services
- In-service training and education
- Community liaison and consultation

Diagnostic Evaluation

A diagnostic evaluation will be offered each new or returning patient of BPC. A full session with a psychiatrist is usually the first service offered the patient, however, an initial evaluation by a clinical social worker or psychologist may precede the psychiatric diagnostic evaluation. A determination will be made as to whether psychiatric treatment is needed and the nature and extent of such treatment, i.e., outpatient, day care, medication, brief therapy, or hospitalization. Psychological testing is available. Referral and exchange of information to other types of psychiatric, medical, social service, vocational institutions, and other agencies will be used as needed.

Emergency Care and Crisis Intervention Services

Emergency care and crisis intervention services are provided during normal business hours and after hours by arrangement with the psychiatrist on call. The emergency service is backed up by the local hospital emergency room where the BPC

psychiatrist has admitting and staff privileges. Referral to other community resources and transfer to a general or psychiatric hospital will be an integral part of the service.

Outpatient Treatment

Comprehensive outpatient services are the primary services offered by BPC. Ambulatory treatment for adults, adolescents, children, and families will include individual, group, and family psychotherapy, psychotropic drug therapy, as well as social, vocational, and rehabilitation counseling programs. In some cases these services may be offered by referral to the appropriate community agency offering this service.

Inpatient Treatment/ Partial Hospitalization/Rehabilitation Services

Inpatient treatment and partial hospitalization will be offered by referral to a psychiatric inpatient treatment program in the community. Usually the patient is referred to a psychiatrist on staff at BPC if that is in the best interest of the patient. Rehabilitation services are also provided by referral to the appropriate agency.

In-Service Training and Education

In-service training and education is offered either directly at BPC or by participation in the professional education programs in the community. Academic affiliations will be encouraged with schools of medicine, social work, and psychology with the universities offering programs in psychiatric specialties. It is anticipated that BPC will provide field experience and on-the-job training in conjunction with accredited academic programs.

Community Liaison and Consultation

BPC will maintain close association with community social and welfare agencies, other healthcare institutions, foundations active in the mental health field, and other similar organizations. Community involvement is seen as crucial to maintain public awareness of the problems of mental illness and to successfully integrating the programs of BPC with those of the local social, health, and welfare agencies.